

(Please print legibly)

By April 19th April 20th

- 5K Run \$20 \$25
- 5K Walk \$20 \$25
- ½ mile Fun Run \$10 \$10

Name _____

Address _____

City _____ State _____ Zip _____

Email _____ Age on April 20th _____

Please add my email to any TWAM communication

- Male
- Female

Shirt size (circle one)

Adult: S M L XL XXL

Please make entry fee payable to:

First Presbyterian Church

308 W Fisher St

Salisbury, NC 28144

Memo: TWAM

704-636-1321

Participant Waiver: I know that participating in the Mission Run event may pose risk to my health. I accept all risks associated with participating in this event and waive all claims for myself, my heirs and anyone acting on my behalf, against Teens With A Mission, First Presbyterian Church of Salisbury, the City of Salisbury, Salisbury-Rowan Runners and any and all sponsors, officers, members and volunteers with said organizations. I attest that I am in proper physical condition to compete in this race. I also give my permission to the use of my name and picture in any written account about this event.

Signature (Parent/Guardian must sign if under 18)

Date



**Teens With A Mission
First Presbyterian Church
308 W Fisher St
Salisbury, NC 28144**



5K Run & Walk

In Memory and Love of Julie
Steele

**FRIDAY
APRIL 20TH,
2018**

½ MILE SUPER HERO FUN RUN

7:00PM

5K RUN & WALK 7:30PM

**Keep Pounding!
Hammers for Runners,
Houses for Families in Need!**



"THE FASTEST 5K IN TOWN"

DAVID FREEZE, SRRC

WHEN AND WHERE

Friday, April 20th 2018, in Downtown Salisbury at First Presbyterian Church.

Take I-85 to Salisbury Exit #76. Follow Innes Street west into town. Turn left on Church St. and park in the large parking lot on the right. First Presbyterian Church, where the race will begin, is one block on the other side of this parking lot on Jackson St.

½ Mile Super Hero Fun Run 7:00pm

5K Run and Walk 7:30pm

Fun Run Runners are encouraged but not required to wear their favorite super hero or character costume.

RACE COURSE

The race will begin and end at First Presbyterian Church. The course is USATF Certified, NC 11068PH.

REGISTRATION

Early registration through April 19th, 2018

On-line at www.sportoften.com

Mail: entry forms must be postmarked by April 15th 2018

\$20 5K Run and Walk (all ages)

\$10 ½ Mile Super Hero Fun Run

Make checks payable to:

First Presbyterian Church

308 W Fisher St

Salisbury NC 28144

Memo: TWAM

RACE DAY REGISTRATION

Register from 5:30pm to 7:15pm at the race site on April 20th 2018.

\$25 5K Run and Walk (all ages)

\$10 ½ Mile Super Hero Fun Run

TIMING

5K Timing and Scoring will be done by the Salisbury Rowan Runners.

SHIRTS

- Great looking Short Sleeve high performance Technical T-shirt for 5K Run and Walk participants



AWARDS

5K Run and Walk

Top Three Overall Female Runner

Top Three Overall Male Runner

Top Masters Runner Male & Female
(40 & over)

3 Deep Age Group Awards,
Male & Female

Top Overall Male and Female Runners will each receive dinner for 2 and 2 tickets to a Downtown Production. Masters, 1st & 2nd place Age Group winners, 2nd & 3rd Overall winners receive our unique 'hammer award.'

½ Mile Fun Run

Top 3 Overall, Age 12 and Under

Medals to all other Fun Run finishers

Overall Winners not eligible for

Age Group Awards.

Awards will not be mailed.

Please make arrangements to pick up.

AGES

5K Run and Walk

14 & Under, 15-19, 20-24, 25-29, 30-34,

35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69,

70 & Over.

Salisbury's Biggest Door Prize 5K

DOOR PRIZE GIVE AWAY!

All participants are entered to win one of our awesome door prizes from local businesses! So many door prizes! So many chances to win!

Gift Cards, Gift Baskets, Running Gear and More!

Must be a registered participant of the 5K Walk and Run or ½ Mile Fun Run to be eligible to win a door prize.

Prizes will not be mailed. Please make arrangements to pick up within two weeks of the race. After two weeks door prize claims will no longer be valid.

