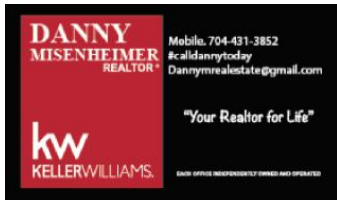




## CROSS COUNTRY TRACK & FIELD

All proceeds go to support the  
Catawba College Cross Country  
Track and Field teams.



We would like to thank our  
sponsors!!!

Catawba College  
Attn: Jason Bryan XC/TF Coach  
2300 W. Innes St.  
Salisbury, NC 28144



## CATAWBA CHALLENGE 5K ROAD RACE OPEN TO PUBLIC

TO REGISTER PLEASE VISIT  
[SPORTOFTEN.COM](http://SPORTOFTEN.COM)

FIRST ANNUAL  
HOMECOMING 5K

2300 West Innes St.  
Salisbury, NC 28144

FOR MORE INFO CONTACT JASON BRYAN  
[jpbryan14@catawba.edu](mailto:jpbryan14@catawba.edu)



RACE STARTS IN FRONT OF ABERNATHY GYM AND ENDS IN THE FOOTBALL STADIUM ON NEWLY RESURFACED TRACK. THE COURSE WILL LOOP CAMPUS AND SURROUNDING NEIGHBORHOOD 3 TIMES.

Parking will be across Innes Street next to the Theatre

Entry Fees

5K open to public- \$25

Faculty & Staff/Student/Alumni- \$20

Awards

**Unique and fun awards!**

**Top 3 Overall Male and Female**

**Top 2 in age groups male and female**

10-under

11-14

15-19

20-29

30-39

40-49

50-59

60-over



FOR MORE INFO/RACE BROCHURE VISIT SALISBURYROWANRUNNERS.ORG AND SPOROTOFTEN.COM

\_\_\_\_\_ Last Name

\_\_\_\_\_ First Name

\_\_\_\_\_ Mailing Address

\_\_\_\_\_ City

\_\_\_\_\_ State

\_\_\_\_\_ Zip

\_\_\_\_\_ Phone

\_\_\_\_\_ Email

\_\_\_\_\_ Age on Race Day

Male

Female

Shirt Size S M L XL XXL

Participant Waiver: I know that participating in this 5k race may pose a risk to my health. I accept that all risks associated with participating in these races and waive all claims for myself, my heirs, and anyone acting on my behalf, against Salisbury Rowan Runners, Salisbury Parks and Recreation Department, all sponsors, all officers, all members all volunteers of said organizations. I attest that I am in proper physical condition to compete in these races. I also give my permission to the Salisbury Rowan Runners to use my name and picture in any written account about these races.

Signature (Parent or Guardian if under 18)

\_\_\_\_\_

Date: \_\_\_\_\_