

Registration:

Register online until March 29, 2019,  
3:00 p.m.

Online: [www.sportoften.com](http://www.sportoften.com)

5K Run/Walk: \$25.00, all ages

½ Mile Fun Run: \$10.00  
(age 10 and under)

Race Day: \$30.00

By Mail: (Check Only)

Checks made payable to: Mt. Hope Church

Memo line: MHC 5K Cross Run

Complete registration form, sign waiver  
(must be postmarked by March 20) and  
mail to:

Mt. Hope Church

7004 Old Concord Road

Salisbury, NC 28146

Race Day, Saturday, March 30

Registration 7:30 a.m. - 8:45 a.m.

Salisbury Community Park

5K Run/Walk (all ages) \$30.00

½ Mile Fun Run: \$10.00 (age 10 and under)

5K Missions Run starts at 9:00 a.m.

Fun Run starts at 10:00 a.m.

Contacts:

**Pastor Johnny Boggs: 704-798-5700**

**Jeff Ervin: 704-677-9860**

**Belinda Wyatt: 704-213-1184**

Awards presented at 10:30 a.m.

Individual Awards:

5K Cross Run/Walk: Top 3 overall.

Male and female runners will each

receive a prize.

1st, 2nd, and 3rd place in each group, male  
and female will be awarded a medallion.

½ Mile Fun Run: Top 3 Overall age 10  
and under. All participants will receive  
medals.

Awards will be presented race day  
immediately after 5K Cross Run/Walk event.  
No awards will be mailed.

Map of 5K Course:

Our course is certified by Salisbury Rowan

Runners and will be held at

Salisbury Community Park

935 Hurley School Rd.

Salisbury, NC 28147

Timing:

5K timing and scoring will be done by  
Salisbury Rowan Runners. Results will be  
posted online.

[www.salisburyrowrunners.org](http://www.salisburyrowrunners.org)

T-Shirts:

T-Shirts are guaranteed for those registering  
March 18 or before. T-Shirts will be available  
to registrants on Race Day while supplies last



Registration Form: (one form per participant)

Please print legibly:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Male  Female  DOB \_\_\_\_\_

Age on March 30 \_\_\_\_\_

Check One: Fun Run (10 and under)  5K

5K Cross Run/Walk Registration fees:

\$25.00 by March 29 and before

\$30.00 March 30

Fun Run (ages 10 and under) \$10.00

Shirt Size: Circle One:

Adult: S M L XL XXL

Please pay entry fee by check payable to:

Mt. Hope Church

(Memo Line MHC 5K Cross Run)

7004 Old Concord Road, Salisbury, NC 28146

Participant Waiver: I know that participating in the Mission Run  
event may pose a risk to my health. I accept all risks associated  
with participating in this event and waive all claims for myself,  
my heirs and anyone acting on my behalf against Mt. Hope  
Church, Salisbury, NC, mission teams, Mt. Hope Church officers,  
members and volunteers with said organization. I attest that I  
am in proper physical condition to compete in this race. I also  
give my permission to the use of my name and picture in any  
written account about this event. I understand that if the race is  
canceled because of circumstances beyond the control of the  
race committee and sponsors, including but not limited to  
hazardous weather conditions or government ban, my entry  
fee will not be refunded.

Signature \_\_\_\_\_

Parent/Guardian signature required for participants  
under age 18:

Date \_\_\_\_\_

**THANK YOU TO  
OUR SPONSORS**

**Mt. Hope Church  
4th Annual  
5K Run for Missions  
Walk &  
½ Mile Fun Run  
Salisbury Community  
Park**

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Registration 7:30 a.m.- 8:45 a.m.  
5K Run for Missions: 9:00 a.m.  
Fun Run: 10:00 a.m.  
Register online until March 29  
[www.sportoften.com](http://www.sportoften.com)**

**Mt. Hope Church  
7004 Old Concord Road  
Salisbury, NC 28146**

***Proceeds to benefit  
Mt. Hope Church Missions  
(both local and abroad)***

**Mt. Hope  
Church**



***4th Annual*  
5K Run  
for  
Missions**

***Saturday  
March 30, 2019***

