

Valentine's 5K - Individual and Couples Results
 Cowan's Ford Country Club
 Lake Norman, NC
 Saturday, February 22, 2014

Finish	Bib	Name	Age	Min	Sec	Gender	AgeGrp
1	130	Anthony Famiglietti	35	14	37	M	30-39
2	111	Garrett Reavis	17	18	13	M	15-19
3	92	Alex Akers	15	18	41	M	15-19
4	37	Daniel Fricker	14	18	46	M	11-14
5	124	Jason Hoffman	16	18	48	M	15-19
6	26	Landon Maxwell	13	19	18	M	11-14
7	143	Frances Massey	14	19	25	F	11-14
8	87	Connor Smith	15	20	9	M	15-19
9	135	Doreen McCormick	37	20	12	F	30-39
10	144	Greg Sides	47	20	40	M	40-49
11	140	Morrison Aidan	8	20	55	M	0-10
12	39	Steve Tucker	43	20	57	M	40-49
13	162	Joel Thomas	16	21	16	M	15-19
14	147	Meryl Switzer	33	21	17	F	30-39
15	163	Houston Rust	16	21	34	M	15-19
16	49	Blake Swanson	8	21	35	M	0-10
17	5	Mike Finger	42	21	36	M	40-49
18	113	Madison Rowles	15	21	47	F	15-19
19	55	Danny Baucom	54	21	57	M	50-59
20	127	Nathan Barlow	14	22	4	M	11-14
21	112	Meagan Rowles	15	22	15	F	15-19
22	156	David Swaringen	55	22	15	M	50-59
23	148	Tyler Bowlby	18	22	19	M	15-19
24	138	Ty Knight	13	22	49	M	11-14
25	103	Brenneman Thompson	55	22	54	M	50-59
26	119	Tate Ballard	11	22	57	M	11-14
27	31	Kelly Jones	35	22	59	F	30-39
28	65	Sarah McAllister	12	23	9	F	11-14
29	117	Karl Dearnley	58	23	15	M	50-59
30	131	Kaitlyn Eaker	13	23	18	F	11-14
31	40	Steven Tucker	16	23	31	M	15-19
32	78	David Birkhofer	9	23	47	M	0-10
33	139	Tom Schwartz	52	23	57	M	50-59
34	105	Megan Gavel	14	24	5	F	11-14
35	25	Bruce Adams	54	24	17	M	50-59
36	52	Tom Glaser	25	24	41	M	20-29
37	109	Wendy McSwain	35	24	44	F	30-39
38	86	Maggie Foley	15	24	55	F	15-19
39	56	Amy Dugan	41	24	56	F	40-49
40	94	Caitlin Mason	14	25	4	F	11-14
41	101	Ginger Danese	50	25	17	F	50-59
42	41	Jessica Everett	26	25	29	F	20-29
43	73	Josh Roseman	12	25	33	M	11-14
44	47	Chandler McCaslin	13	25	53	F	11-14
45	106	Jill Farar	41	25	56	F	40-49
46	141	Bailey Knight	15	26	2	M	15-19
47	79	Hildon Treadway	9	26	8	M	0-10
48	155	Noel Manning	48	26	17	M	40-49
49	93	Adam Long	43	26	20	M	40-49
50	134	Lance Reid	43	26	29	M	40-49
51	88	Allison Bridges	27	26	31	F	20-29
52	118	Cutter Law	10	26	39	M	0-10
53	57	Wesley Powell	35	26	43	M	30-39
54	15	Deirdre Nachamie	44	26	47	F	40-49
55	13	Jenna Land	12	27	1	F	11-14
56	82	Atley Gabriel	8	27	2	M	0-10
57	1	Olivia Humphrey	12	27	5	F	11-14
58	125	Russell Cannon	44	27	19	M	40-49
59	107	Allie Farar	10	27	25	F	0-10
60	69	Evangelia Rivera	39	27	29	F	30-39
61	98	Toni Cruz	62	27	30	F	60-69
62	24	Ashley Luckadoo	30	27	45	F	30-39
63	96	Valerie Rippy	29	27	57	F	20-29
64	95	Breanna Quigley	12	28	4	F	11-14

65	89	Blake Reed	14	28	10	M	11-14
66	123	Alexander Jones	10	28	12	M	0-10
67	30	Regina Mahoney	39	28	20	F	30-39
68	137	Isabella Mancebo	15	28	45	F	15-19
69	66	Hudson McAllister	16	28	49	F	15-19
70	76	Trey Story	9	29	0	M	0-10
71	159	Kellee Capece	40	29	13	F	40-49
72	8	Denise Dull	38	29	18	F	30-39
73	161	Jolie Shifflet	36	29	19	F	30-39
74	14	Ellen Dewey	60	29	30	F	60-69
75	158	Susan Montague	7	29	41	F	0-10
76	54	Susan Montague	47	29	41	F	40-49
77	27	Ingrid Frame	42	29	44	F	40-49
78	22	Ken Fittz	66	29	45	M	60-69
79	157	Kim Williamson	51	29	46	F	50-59
80	142	Joel Thomas	32	29	48	M	30-39
81	132	Kelly Mitchell	49	30	17	F	40-49
82	120	Jonathan Shores Jr.	34	30	20	M	30-39
83	2	Karena Freeman	13	30	29	F	11-14
84	67	Austin Thompson	11	30	48	M	11-14
85	68	Lydia Poovey	11	31	12	F	11-14
86	59	Philip Titlestad	66	31	14	M	60-69
87	62	Anna Hoffman	11	31	15	F	11-14
88	63	Irvin Carreon	10	31	16	M	0-10
89	46	Suzanne Morton	35	31	17	F	30-39
90	145	Becca Wimberly	12	31	18	F	11-14
91	160	Tyler Denis	12	31	22	M	11-14
92	136	Amanda Morrison	40	31	24	F	40-49
93	38	Robert Keller	59	31	31	M	50-59
94	21	Beth Scarbrough	24	31	38	F	20-29
95	44	Nicholas Harrison	11	31	43	M	11-14
96	42	Chris Duda	44	31	46	M	40-49
97	84	Ginny Overbay	9	31	48	F	0-10
98	128	Adam Overbay	39	31	49	M	30-39
99	150	Ashley Fowler	9	32	9	F	0-10
100	133	Peter Hunt	61	32	12	M	60-69
101	149	Catherine Fowler	43	32	18	F	40-49
102	77	Madison Osteen	10	32	25	F	0-10
103	35	Brielle Mattner	18	32	26	F	15-19
104	28	Holly Andler	33	32	33	F	30-39
105	102	Wendy Dellinger	48	32	41	F	40-49
106	71	Abner Berdeo Ortiz	9	32	43	M	0-10
107	33	Brittany Owens	31	32	48	F	30-39
108	53	Brianna Russ	29	33	2	F	20-29
109	154	Marian Castle	56	33	3	F	50-59
110	11	Chantel Welch	24	33	24	F	20-29
111	85	Kaile Driscoil	18	33	31	F	15-19
112	20	Mary Scarbrough	48	33	32	F	40-49
113	32	Brook Weidman	50	34	6	F	50-59
114	61	Kyle Hager	8	34	9	M	0-10
115	4	Robert Martin	12	34	12	M	11-14
116	153	Nikki Warklick	41	34	19	F	40-49
117	70	Valeria Hernandez-Pena	9	35	19	F	0-10
118	3	Tosha Martin	41	35	26	F	40-49
119	115	Jayde Poulos	15	35	43	F	15-19
120	90	Alijan Akers	12	36	9	M	11-14
121	75	Caitlyn Keisler	8	37	10	F	0-10
122	72	Hanna Ramsey	9	37	12	F	0-10
123	23	David Nachamie	72	37	14	M	70-79
124	58	Karen Davis	50	37	47	F	50-59
125	152	Kathryn Smith	23	38	43	F	20-29
126	151	Hap Smith	54	38	44	M	50-59
127	116	Tracey Poulos	44	38	46	F	40-49
128	43	Jamie Harrison	43	39	20	F	40-49
129	114	Jared Von Hu	15	39	31	M	15-19
130	48	Angela Jordan	33	40	55	F	30-39
131	60	Kristal Hager	34	41	11	F	30-39
132	100	Marya Jenkins	42	44	14	F	40-49

133	18	Ethan Sproul	11	46	26	M	11-14
134	50	Ashley Sproul	32	47	32	F	30-39
135	146	Tori Herot	10	49	36	F	0-10
136	45	Jennifer Burgin	37	53	49	F	30-39
137	129	Jennifer Grice	32	53	54	F	30-39
138	97	Margaret Hagerty	90	55	12	F	80-100

Male Over All

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	130	Anthony Famiglietti	35	14	37	M	30-39	1

Female Over All

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	143	Frances Massey	14	19	25	F	11-14	7

Female 0-10

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	107	Allie Farar	10	27	25	F	0-10	59
2	158	Susan Montague	7	29	41	F	0-10	75
3	84	Ginny Overbay	9	31	48	F	0-10	97
4	150	Ashley Fowler	9	32	9	F	0-10	99
5	77	Madison Osteen	10	32	25	F	0-10	102
6	70	Valeria Hernandez-Pena	9	35	19	F	0-10	117
7	75	Caitlyn Keisler	8	37	10	F	0-10	121
8	72	Hanna Ramsey	9	37	12	F	0-10	122
9	146	Tori Herot	10	49	36	F	0-10	135

Female 11-14

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	65	Sarah McAllister	12	23	9	F	11-14	28
2	131	Kaitlyn Eaker	13	23	18	F	11-14	30
3	105	Megan Gavel	14	24	5	F	11-14	34
4	94	Caitlin Mason	14	25	4	F	11-14	40
5	47	Chandler McCaslin	13	25	53	F	11-14	44
6	13	Jenna Land	12	27	1	F	11-14	55
7	1	Olivia Humphrey	12	27	5	F	11-14	57
8	95	Breanna Quigley	12	28	4	F	11-14	64
9	2	Karena Freeman	13	30	29	F	11-14	83
10	68	Lydia Poovey	11	31	12	F	11-14	85
11	62	Anna Hoffman	11	31	15	F	11-14	87
12	145	Becca Wimberly	12	31	18	F	11-14	90

Female 15-19

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	113	Madison Rowles	15	21	47	F	15-19	18
2	112	Meagan Rowles	15	22	15	F	15-19	21
3	86	Maggie Foley	15	24	55	F	15-19	38
4	137	Isabella Mancebo	15	28	45	F	15-19	68
5	66	Hudson McAllister	16	28	49	F	15-19	69
6	35	Brielle Mattner	18	32	26	F	15-19	103
7	85	Kaile Driscoil	18	33	31	F	15-19	111
8	115	Jayde Poulos	15	35	43	F	15-19	119

Female 20-29

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	41	Jessica Everett	26	25	29	F	20-29	42
2	88	Allison Bridges	27	26	31	F	20-29	51
3	96	Valerie Rippy	29	27	57	F	20-29	63
4	21	Beth Scarbrough	24	31	38	F	20-29	94
5	53	Brianna Russ	29	33	2	F	20-29	108
6	11	Chantel Welch	24	33	24	F	20-29	110
7	152	Kathryn Smith	23	38	43	F	20-29	125

Female 30-39

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	135	Doreen McCormick	37	20	12	F	30-39	9
2	147	Meryl Switzer	33	21	17	F	30-39	14
3	31	Kelly Jones	35	22	59	F	30-39	27

4	109	Wendy McSwain	35	24	44	F	30-39	37
5	69	Evangelia Rivera	39	27	29	F	30-39	60
6	24	Ashley Luckadoo	30	27	45	F	30-39	62
7	30	Regina Mahoney	39	28	20	F	30-39	67
8	8	Denise Dull	38	29	18	F	30-39	72
9	161	Jolie Shifflet	36	29	19	F	30-39	73
10	46	Suzanne Morton	35	31	17	F	30-39	89
11	28	Holly Andler	33	32	33	F	30-39	104
12	33	Brittany Owens	31	32	48	F	30-39	107
13	48	Angela Jordan	33	40	55	F	30-39	130
14	60	Kristal Hager	34	41	11	F	30-39	131
15	50	Ashley Sproul	32	47	32	F	30-39	134
16	45	Jennifer Burgin	37	53	49	F	30-39	136
17	129	Jennifer Grice	32	53	54	F	30-39	137

Female 40-49

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	56	Amy Dugan	41	24	56	F	40-49	39
2	106	Jill Farar	41	25	56	F	40-49	45
3	15	Deirdre Nachamie	44	26	47	F	40-49	54
4	159	Kellee Capece	40	29	13	F	40-49	71
5	54	Susan Montague	47	29	41	F	40-49	76
6	27	Ingrid Frame	42	29	44	F	40-49	77
7	132	Kelly Mitchell	49	30	17	F	40-49	81
8	136	Amanda Morrison	40	31	24	F	40-49	92
9	149	Catherine Fowler	43	32	18	F	40-49	101
10	102	Wendy Dellinger	48	32	41	F	40-49	105
11	20	Mary Scarbrough	48	33	32	F	40-49	112
12	153	Nikki Warklick	41	34	19	F	40-49	116
13	3	Tosha Martin	41	35	26	F	40-49	118
14	116	Tracey Poulos	44	38	46	F	40-49	127
15	43	Jamie Harrison	43	39	20	F	40-49	128
16	100	Marya Jenkins	42	44	14	F	40-49	132

Female 50-59

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	101	Ginger Danese	50	25	17	F	50-59	41
2	157	Kim Williamson	51	29	46	F	50-59	79
3	154	Marian Castle	56	33	3	F	50-59	109
4	32	Brook Weidman	50	34	6	F	50-59	113
5	58	Karen Davis	50	37	47	F	50-59	124

Female 60-69

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	98	Toni Cruz	62	27	30	F	60-69	61
2	14	Ellen Dewey	60	29	30	F	60-69	74

Female 80-100

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	97	Margaret Hagerty	90	55	12	F	80-100	138

Male 0-10

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	140	Morrison Aidan	8	20	55	M	0-10	11
2	49	Blake Swanson	8	21	35	M	0-10	16
3	78	David Birkhofer	9	23	47	M	0-10	32
4	79	Hildon Treadway	9	26	8	M	0-10	47
5	118	Cutter Law	10	26	39	M	0-10	52
6	82	Atley Gabriel	8	27	2	M	0-10	56
7	123	Alexander Jones	10	28	12	M	0-10	66
8	76	Trey Story	9	29	0	M	0-10	70
9	63	Irvin Carreon	10	31	16	M	0-10	88
10	71	Abner Berdeo Ortiz	9	32	43	M	0-10	106
11	61	Kyle Hager	8	34	9	M	0-10	114

Male 11-14

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	37	Daniel Fricker	14	18	46	M	11-14	4
2	26	Landon Maxwell	13	19	18	M	11-14	6
3	127	Nathan Barlow	14	22	4	M	11-14	20
4	138	Ty Knight	13	22	49	M	11-14	24
5	119	Tate Ballard	11	22	57	M	11-14	26

6	73	Josh Roseman	12	25	33	M	11-14	43
7	89	Blake Reed	14	28	10	M	11-14	65
8	67	Austin Thompson	11	30	48	M	11-14	84
9	160	Tyler Denis	12	31	22	M	11-14	91
10	44	Nicholas Harrison	11	31	43	M	11-14	95
11	4	Robert Martin	12	34	12	M	11-14	115
12	90	Alijan Akers	12	36	9	M	11-14	120
13	18	Ethan Sproul	11	46	26	M	11-14	133

Male 15-19

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	111	Garrett Reavis	17	18	13	M	15-19	2
2	92	Alex Akers	15	18	41	M	15-19	3
3	124	Jason Hoffman	16	18	48	M	15-19	5
4	87	Connor Smith	15	20	9	M	15-19	8
5	162	Joel Thomas	16	21	16	M	15-19	13
6	163	Houston Rust	16	21	34	M	15-19	15
7	148	Tyler Bowlby	18	22	19	M	15-19	23
8	40	Steven Tucker	16	23	31	M	15-19	31
9	141	Bailey Knight	15	26	2	M	15-19	46
10	114	Jared Von Hu	15	39	31	M	15-19	129

Male 20-29

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	52	Tom Glaser	25	24	41	M	20-29	36

Male 30-39

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	57	Wesley Powell	35	26	43	M	30-39	53
2	142	Joel Thomas	32	29	48	M	30-39	80
3	120	Jonathan Shores Jr.	34	30	20	M	30-39	82
4	128	Adam Overbay	39	31	49	M	30-39	98

Male 40-49

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	144	Greg Sides	47	20	40	M	40-49	10
2	39	Steve Tucker	43	20	57	M	40-49	12
3	5	Mike Finger	42	21	36	M	40-49	17
4	155	Noel Manning	48	26	17	M	40-49	48
5	93	Adam Long	43	26	20	M	40-49	49
6	134	Lance Reid	43	26	29	M	40-49	50
7	125	Russell Cannon	44	27	19	M	40-49	58
8	42	Chris Duda	44	31	46	M	40-49	96

Male 50-59

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	55	Danny Baucom	54	21	57	M	50-59	19
2	156	David Swaringen	55	22	15	M	50-59	22
3	103	Brenneman Thompson	55	22	54	M	50-59	25
4	117	Karl Dearnley	58	23	15	M	50-59	29
5	139	Tom Schwartz	52	23	57	M	50-59	33
6	25	Bruce Adams	54	24	17	M	50-59	35
7	38	Robert Keller	59	31	31	M	50-59	93
8	151	Hap Smith	54	38	44	M	50-59	126

Male 60-69

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	22	Ken Fittz	66	29	45	M	60-69	78
2	59	Philip Titlestad	66	31	14	M	60-69	86
3	133	Peter Hunt	61	32	12	M	60-69	100

Male 70-79

Place	Bib	Name	Age	Min	Sec	Gender	AgeGrp	Finish
1	23	David Nachamie	72	37	14	M	70-79	123

Couples Division

Place	Bib	Runner 1	Min	Sec	Bib	Runner 2	Min	Sec	Total Min	Total Sec
1	963	Liz Sisk	22	58	964	Ridge Fenske	19	23	42	21
2	969	Dee Anna Clarke	23	35	970	Brent Robinson	26	27	50	2
3	973	Barbara Wheeler	24	41	974	George Wheeler	25	34	50	15
4	971	Phil Haines	22	22	972	Ann Haines	27	55	50	17
5	961	Tori Horne	25	45	962	Chase Fenske	25	46	51	31

6	923	Grey Huddleston	25	31	924	Leigh Ann Busby	28	49	54	20
7	945	Ashley Lyon	27	40	946	Jacob Lyon	27	28	55	8
8	921	Joy Fittz	34	24	922	Brad Fittz	22	51	57	15
9	935	Matt Kyser	29	7	936	Sydney Kyser	28	30	57	37
10	967	Neely Osborne	29	21	968	Jeremy Osborne	29	21	58	42
11	919	Vanessa DiPentino	32	47	920	Brad Moreno	27	31	60	18
12	915	Hayley Hayes	31	20	916	William Hayes	31	20	62	40
13	939	Janel Trzaskos	34	39	940	Dan Trzaskos	30	40	65	19
14	957	Justine Matinescu	31	28	958	Joshua Bot	40	10	71	38
15	905	Suzy May	32	3	906	Jon May	40	46	72	49
16	941	Laura Akers	41	19	942	Adam Akers	31	51	73	10
17	943	Cindy Boyd	33	25	944	Warren Boyd	43	3	76	28
18	917	Janeen Rowland	40	13	918	Rob Rowland	37	5	77	18
19	949	Connor Theriot	39	53	950	Allison Marsh	39	53	79	46
20	959	Carly Manlove	41	9	960	Isaiah Smith	41	6	82	15
21	955	Patti Keener	47	56	956	Mark Keener	35	22	83	18
22	933	Jaymee Ingram	53	25	934	Brianna Roberts	49	37	103	2
23	953	Jim Bustard	55	14	954	Joyce Bustard	53	56	109	10
24	903	Rose Siwoszek	25	48	904	Aleks Siwoszek	DNF	DNF	----	----
25	951	Leanne Morris	28	31	952	Mark Smith	DNF	DNF	----	----
26	965	Leslie Hayes	DNF	DNF	966	Troy Hayes	31	11	----	----