

Tri-It @ the Kannapolis Y TriAthlon

10/2/2011

Finish	Bib	Name	M/F/T	Age	Swim	T1	Swim Cumulative	Bike	T2	Bike Cumulative	Run	Cumulative Time	Time Deficit (pool entry)	Net Time
1	14	Darren Balkey	M	19	0:07:45	0:01:56	0:09:41	0:37:27	0:01:07	0:38:34	0:18:44	1:06:59	0:02:00	1:04:59
2	11	Benjamin Alford	M	24	0:07:30	0:01:34	0:09:04	0:35:25	0:00:59	0:36:24	0:23:16	1:08:44	0:01:45	1:06:59
3	15	Chad Weston	M	39	0:06:55	0:01:44	0:08:39	0:37:33	0:00:42	0:38:15	0:23:33	1:10:27	0:01:00	1:09:27
4	16	Ben Wooten	M	27	0:05:04	0:01:19	0:06:23	0:39:40	0:01:20	0:41:00	0:22:34	1:09:57	0:00:00	1:09:57
5	13	Andy Abramson	M	41	0:07:27	0:02:31	0:09:58	0:38:39	0:00:48	0:39:27	0:25:07	1:14:32	0:01:15	1:13:17
6	2	Paul Lucha	M	52	0:10:12	0:04:31	0:14:43	0:38:07	0:01:37	0:39:44	0:24:45	1:19:12	0:02:30	1:16:42
7	8	Grady Hardeman	M	36	0:10:54	0:03:23	0:14:17	0:42:18	0:00:35	0:42:53	0:23:24	1:20:34	0:03:00	1:17:34
8	10	Margaret Manning	F	50	0:10:48	0:02:09	0:12:57	0:42:19	0:01:31	0:43:50	0:26:29	1:23:16	0:03:45	1:19:31
9	3	Acquawon Stallworth	F	40	0:15:40	0:01:45	0:17:25	0:43:11	0:00:25	0:43:36	0:22:50	1:23:51	0:04:00	1:19:51
10	5	Henry Goodnight	M	51	0:09:58	0:03:54	0:13:52	0:41:20	0:00:53	0:42:13	0:26:58	1:23:03	0:02:15	1:20:48
11	9	Amber Ashley	F	52	0:11:02	0:01:54	0:12:56	0:43:02	0:01:01	0:44:03	0:27:22	1:24:21	0:03:15	1:21:06
12	4	Dana Rynk	F	36	0:07:21	0:03:10	0:10:31	0:47:11	0:00:26	0:47:37	0:26:17	1:24:25	0:00:45	1:23:40
13	12	Kathryn Tousignant	F	46	0:10:38	0:02:25	0:13:03	0:44:03	0:00:58	0:45:01	0:30:00	1:28:04	0:03:30	1:24:34
14	1	Kristin Sinclair	F	35	0:07:42	0:02:11	0:09:53	0:49:01	0:00:50	0:49:51	0:25:35	1:25:19	0:00:30	1:24:49
15	7	Krisitin Spokas	F	41	0:07:35	0:01:22	0:08:57	0:48:06	0:00:42	0:48:48	0:29:37	1:27:22	0:01:30	1:25:52
16	18	Stephanie Kirila	F	40	0:11:38	0:02:45	0:14:23	0:44:39	0:01:08	0:45:47	0:26:03	1:26:13	0:00:15	1:25:58
17	17	Shawna Potts	F	37	0:11:11	0:02:11	0:13:22	0:49:08	0:00:21	0:49:29	0:27:52	1:30:43	0:02:45	1:27:58
18	19	Graham Bargeron Hannah Lancaster	T	Team	0:05:35	0:02:09	0:07:44	0:58:13	0:00:14	0:58:27	0:27:21	1:33:32	0:04:15	1:29:17
19	20	Dean Houpe	M	40-44	0:09:48	0:03:25	0:13:13	1:03:02	0:01:20	1:04:22	0:31:44	1:49:19	0:04:30	1:44:49

Male Overall

Place	Bib	Name	M/F/T	Age Group	Swim	T1	Swim Cumulative	Bike	T2	Bike Cumulative	Run	Cumulative Time	Time Deficit (pool entry)	Net Time
1	14	Darren Balkey	M	17-19	0:07:45	0:01:56	0:09:41	0:37:27	0:01:07	0:38:34	0:18:44	1:06:59	0:02:00	1:04:59
2	11	Benjamin Alford	M	20-24	0:07:30	0:01:34	0:09:04	0:35:25	0:00:59	0:36:24	0:23:16	1:08:44	0:01:45	1:06:59
3	15	Chad Weston	M	35-39	0:06:55	0:01:44	0:08:39	0:37:33	0:00:42	0:38:15	0:23:33	1:10:27	0:01:00	1:09:27

Male Masters														
Place	Bib	Name	M/F/T	Age		Swim			Bike		Run	Cumulative Time	Time Deficit (pool entry)	Net Time
				Group	Swim	T1	Cumulative	Bike	T2					
1	13	Andy Abramson	M	40-44	0:07:27	0:02:31	0:09:58	0:38:39	0:00:48	0:39:27	0:25:07	1:14:32	0:01:15	1:13:17
2	2	Paul Lucha	M	50-54	0:10:12	0:04:31	0:14:43	0:38:07	0:01:37	0:39:44	0:24:45	1:19:12	0:02:30	1:16:42
3	5	Henry Goodnight	M	50-54	0:09:58	0:03:54	0:13:52	0:41:20	0:00:53	0:42:13	0:26:58	1:23:03	0:02:15	1:20:48

Female Overall														
Place	Bib	Name	M/F/T	Age		Swim			Bike		Run	Cumulative Time	Time Deficit (pool entry)	Net Time
				Group	Swim	T1	Cumulative	Bike	T2					
1	10	Margaret Manning	F	50-54	0:10:48	0:02:09	0:12:57	0:42:19	0:01:31	0:43:50	0:26:29	1:23:16	0:03:45	1:19:31
2	3	Acquawon Stallworth	F	40-44	0:15:40	0:01:45	0:17:25	0:43:11	0:00:25	0:43:36	0:22:50	1:23:51	0:04:00	1:19:51
3	9	Amber Ashley	F	50-54	0:11:02	0:01:54	0:12:56	0:43:02	0:01:01	0:44:03	0:27:22	1:24:21	0:03:15	1:21:06

Female Masters														
Place	Bib	Name	M/F/T	Age		Swim			Bike		Run	Cumulative Time	Time Deficit (pool entry)	Net Time
				Group	Swim	T1	Cumulative	Bike	T2					
1	12	Kathryn Tousignant	F	45-49	0:10:38	0:02:25	0:13:03	0:44:03	0:00:58	0:45:01	0:30:00	1:28:04	0:03:30	1:24:34
2	7	Kristin Spokas	F	40-44	0:07:35	0:01:22	0:08:57	0:48:06	0:00:42	0:48:48	0:29:37	1:27:22	0:01:30	1:25:52
3	18	Stephanie Kirila	F	40-44	0:11:38	0:02:45	0:14:23	0:44:39	0:01:08	0:45:47	0:26:03	1:26:13	0:00:15	1:25:58

Mixed Team														
Place	Bib	Name	M/F/T	Age		Swim			Bike		Run	Cumulative Time	Time Deficit (pool entry)	Net Time
				Group	Swim	T1	Cumulative	Bike	T2					
1	19	Graham Bargeron Hannah Lancaster	T	Team	0:05:35	0:02:09	0:07:44	0:58:13	0:00:14	0:58:27	0:27:21	1:33:32	0:04:15	1:29:17

Age Group Awards														
Female 35-39														
Place	Bib	Name	M/F/T	Age		Swim			Bike		Run	Cumulative Time	Time Deficit (pool entry)	Net Time
				Group	Swim	T1	Cumulative	Bike	T2					
1	4	Dana Rynk	F	35-39	0:07:21	0:03:10	0:10:31	0:47:11	0:00:26	0:47:37	0:26:17	1:24:25	0:00:45	1:23:40
2	1	Kristin Sinclair	F	35-39	0:07:42	0:02:11	0:09:53	0:49:01	0:00:50	0:49:51	0:25:35	1:25:19	0:00:30	1:24:49
3	17	Shawna Potts	F	35-39	0:11:11	0:02:11	0:13:22	0:49:08	0:00:21	0:49:29	0:27:52	1:30:43	0:02:45	1:27:58

**Male 25-29**

Place	Bib	Name	M/F/T	Age		Swim		Bike	T2	Bike	Run	Cumulative	Time Deficit	Net Time
				Group	Swim	T1	Cumulative			Cumulative		Time	(pool entry)	
1	16	Ben Wooten	M	25-29	0:05:04	0:01:19	0:06:23	0:39:40	0:01:20	0:41:00	0:22:34	1:09:57	0:00:00	1:09:57

**Male 35-39**

Place	Bib	Name	M/F/T	Age		Swim		Bike	T2	Bike	Run	Cumulative	Time Deficit	Net Time
				Group	Swim	T1	Cumulative			Cumulative		Time	(pool entry)	
1	8	Grady Hardeman	M	35-39	0:10:54	0:03:23	0:14:17	0:42:18	0:00:35	0:42:53	0:23:24	1:20:34	0:03:00	1:17:34

**Male 40-44**

Place	Bib	Name	M/F/T	Age		Swim		Bike	T2	Bike	Run	Cumulative	Time Deficit	Net Time
				Group	Swim	T1	Cumulative			Cumulative		Time	(pool entry)	
1	20	Dean Houpe	M	40-44	0:09:48	0:03:25	0:13:13	1:03:02	0:01:20	1:04:22	0:31:44	1:49:19	0:04:30	1:44:49