

# MEN & WOMEN'S

1ST, 2ND, 3RD

PLACE AWARDS

OVER \$500.00

# IN PRIZES

AWARDS WILL BE GIVEN FOR,  
MEN & WOMEN'S AGE DIVISIONS

AGE 14 AND UNDER,

AGE 15-19

AGE 20-24

AGE 25-29

AGE 30-34

AGE 35-39

AGE 40-44

AGE 45-49

AGE 50-54

AGE 55-59

AGE 60-64

AGE 65-69

AGE 70 PLUS

## DESCRIPTION OF COURSE

TAKE A RIGHT OUT OF

THE FORUM. TRAVEL UP

SOUTH MAIN STREET THEN

RIGHT ON AIRPORT RD.

TAKE A RIGHT ON AIRPORT

LOOP RD AND ANOTHER

RIGHT ONTO RED ACRES

RD. FINALLY, TAKE A LEFT

BACK ONTO S. MAIN ST.

TRAVELING NORTH ENDING

at

The Forum.



# BUTTERBALL 5K

NOVEMBER, 22ND, 2018

8:30 AM

THE FORUM OF SALISBURY

[WWW.THEFORUMFITNESS.COM](http://WWW.THEFORUMFITNESS.COM)





11th Annual Butterball 5K  
Run/Walk  
November 22nd, 2018  
8:30 AM

\$ 30.00 Pre-Registered  
\$ 35.00 Race Day

Name: \_\_\_\_\_

Age: \_\_\_\_\_ Male/Female

Phone#: \_\_\_\_\_

T-Shirt Size S M L XL XXL

Participant Waiver: I know that participating in the 5K road race may pose risk to my health. I accept all risks associated with participating and waive all claims for myself against The Forum, all officers, sponsors, and volunteers.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Please return to:

The Forum  
2318 South Main Street  
Salisbury, NC 28147

11th Annual Butterball 5K  
Run/Walk  
November 22nd, 2018  
8:30 AM

Entry Fees:  
\$ 30.00 Pre-registered  
\$ 35.00 Race Day

Register @

[www.theforumfitness.com](http://www.theforumfitness.com)

Click on Events

or

Mail form along with payment

to

The Forum of Salisbury  
2318 South Main Street  
Salisbury NC 28147

Please make checks payable to:

The Forum



Proceeds to  
Prevent Child Abuse Rowan  
& The Terrie Hess House

Child physical and sexual abuse is a pervasive problem in every community and The Terrie Hess House Child Advocacy Center seeks to help end the cycle of abuse that too many families experience.

Since opening in 2005, The Terrie Hess House has grown to help over 200 children and their families each year get through one of the toughest times in their lives. It is the mission of The Terrie Hess House to provide services for each child victim it sees, with absolutely no cost to the family.



PREVENT  
CHILD ABUSE  
ROWAN