

## About Us

The Jace Landon TBI AfterCare Awareness Foundation aims to make a difference through creating change in the way that TBI aftercare is handled. Our mission is to help those suffering from TBIs and funding further research in this field. We believe if one life is saved, the hard work is worth it!

## Registration:

By March 10 \$25, Day of \$30  
On-line registration at [runsignup.com](http://runsignup.com)

Race day registration from 8:00 to 8:45 at Knox Middle

## AWARDS:

Top 3 Overall Male and Female

Top 3 Overall Male and Female Masters

3 Deep age group awards, male and female

## AGE GROUPS

11 & under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over

Timing will be provided by Salisbury RowanRunners.

Shirts will be guaranteed for all pre-registered runners.

Overall winners not eligible for Abe Group Awards. Awards will not be mailed. They will be held for 2 weeks by Nichole Steadman for pick up.

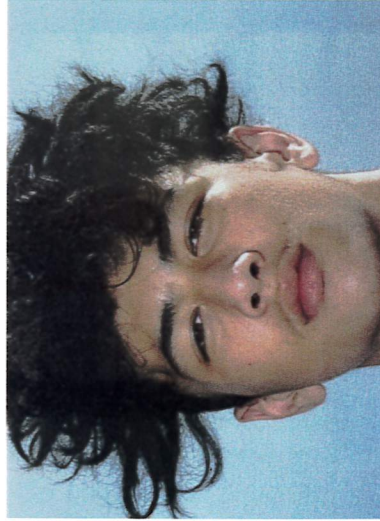
## Contact info:

Nichole Steadman  
Phone: 704-640-0878  
Email: [jltbiaaf@outlook.com](mailto:jltbiaaf@outlook.com)



The money raised by this 5K will benefit the Jace Landon TBI AfterCare Awareness Foundation.

**Dogs are not allowed on the track with participants. Thank you for your cooperation.**



# Registration

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Email \_\_\_\_\_  
 Age as of Mar 11 \_\_\_\_\_  
 Male \_\_\_\_\_ Female \_\_\_\_\_

Shirt Size (circle one)

YS YM YL AS AM AL XL XXL

Please make checks payable to JLTBIAAF INC. Participant Waiver. In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Jace Landon TBI AfterCare Awareness Foundation Inc, Salisbury Rowan Runners, and all other contributors, sponsors and their representatives, successors and assignees for injury or illness which may result from my participation. I attest that I am in proper physical condition to compete in this race and understand the risks associated therewith. I also give my permission for the administration of medical aid in the case of emergency. I further give my permission for the free use of my name, voice recording, or picture in any broadcast, tele-cast or any other account of this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including but not limited to hazardous weather conditions or government ban, my entry fee will not be refunded.

Signature (Parent/Guardian must sign if under 18)  
 Date: \_\_\_\_\_

## Jace Landon TBI AfterCare Awareness Foundation Incorporated

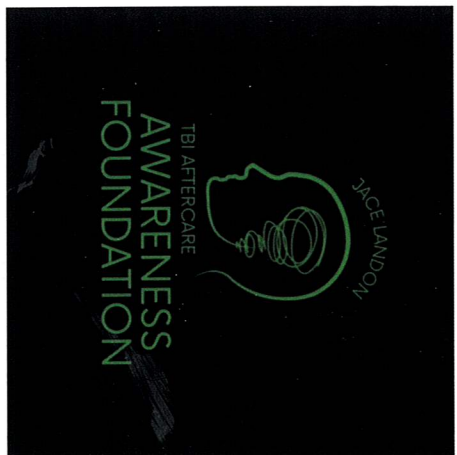
P.O. Box 507  
 Woodleaf, NC 27054

tel: 704-640-0878

jltbiaaf@outlook.com

JaceLandonTBIAfterCareAwareness  
 Foundation.org

## 1st Annual Jace Landon AfterCare Awareness Foundation 5K



# JLTBIAAF INC.

Where: Knox Middle School  
 Salisbury, NC  
 When: March 11, 2023  
 Time: 9:00 AM

All proceeds go to support Jace Landon TBI AfterCare Awareness Foundation Incorporated

www.website.com