

Freeze Your Buns 5K / December 2, 2023 / Spencer, NC

Finish	Bib #	Name	Age	Time	Pace	Gender	Division
1	176	Froilan Frutos	49	0:18:18	05:53	M	Male Overall
2	166	Peyton Scarboro	15	0:19:43	06:21	M	Male Overall
3	170	Jasen Weber	33	0:22:06	07:07	M	Male Overall
4	168	Ethan Swicegood	23	0:23:29	07:34	M	Male-20-29
5	175	Jim Crotts	45	0:23:57	07:43	M	Male Overall Masters
6	165	Joseph Mills	11	0:24:38	07:56	M	Male-12-Under
7	167	Brandon Lewis	22	0:25:13	08:07	M	Male-20-29
8	185	Melissa Orr	45	0:25:30	08:12	F	Female Overall
9	201	Arden Miller	15	0:26:52	08:39	F	Female Overall
10	198	George Livengood	59	0:27:11	08:45	M	Male-50-59
11	180	Raegan Helms	13	0:28:08	09:03	F	Female Overall
12	177	Joe Harris	55	0:28:44	09:15	M	Male-50-59
13	169	Jordan Simerson	33	0:28:50	09:17	M	Male-30-39
14	205	Michelle Vollman	34	0:29:07	09:22	F	Female-30-39
15	195	Mark Summers	65	0:29:17	09:26	M	Male-60-69
16	197	Frank Miller	62	0:29:22	09:27	M	Male-60-69
17	189	Beverly Hooker	55	0:30:23	09:47	F	Female Overall Masters
18	202	Tommy Rachel	67	0:30:39	09:52	M	Male-60-69
19	204	Scott Lemons	51	0:31:07	10:01	M	Male-50-59
20	203	Julie Love	46	0:31:08	10:01	F	Female-40-49
21	178	Madison McCormick	9	0:31:26	10:07	F	Female-12-Under
22	164	William Crotts	9	0:31:37	10:11	M	Male-12-Under
23	193	Susan Livengood	60	0:31:47	10:14	F	Female-60-69
24	183	Courtney Spangler	39	0:33:02	10:38	F	Female-30-39
25	184	Angie Misenheimer	44	0:33:10	10:41	F	Female-40-49
26	194	Joel Whittington	72	0:37:03	11:56	M	Male-70-79
27	188	Teresa Shaw	51	0:37:44	12:09	F	Female-50-59
28	179	Anna Crotts	9	0:38:09	12:17	F	Female-12-Under
29	190	Lisa George	62	0:38:45	12:28	F	Female-60-69
30	196	Mark Walton	59	0:40:18	12:58	M	Male-50-59
31	199	Ashley Baker	46	0:41:22	13:19	F	Female-40-49
32	200	Amber Bishop	42	0:41:22	13:19	F	Female-40-49
33	207	Debbie Holshouser	52	0:41:51	13:28	F	Female-50-59
34	206	Alex Holshouser	21	0:41:51	13:28	M	Male-20-29
35	173	Joshua Sherrill	42	0:50:02	16:06	M	Male-40-49
36	187	Kelli Kent	50	0:51:10	16:28	F	Female-50-59
37	192	Denise Crosby	68	0:51:57	16:43	F	Female-60-69
38	182	Andrea Peres	35	0:51:59	16:44	F	Female-30-39
39	171	Ryan Griffin	34	0:52:00	16:44	M	Male-30-39

Overall Female

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
8	185	Melissa Orr	45	0:25:30	08:12	F	Female Overall	8
9	201	Arden Miller	15	0:26:52	08:39	F	Female Overall	9
11	180	Raegan Helms	13	0:28:08	09:03	F	Female Overall	11

Overall Female Masters

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
17	189	Beverly Hooker	55	0:30:23	09:47	F	Female Overall Masters	17

Freeze Your Buns 5K / December 2, 2023 / Spencer, NC

Overall Male

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	176	Froilan Frutos	49	0:18:18	05:53	M	Male Overall	1
2	166	Peyton Scarboro	15	0:19:43	06:21	M	Male Overall	2
3	170	Jasen Weber	33	0:22:06	07:07	M	Male Overall	3

Overall Male Masters

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
5	175	Jim Crotts	45	0:23:57	07:43	M	Male Overall Masters	5

Female 12 & Under

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
21	178	Madison McCormick	9	0:31:26	10:07	F	Female-12-Under	21
28	179	Anna Crotts	9	0:38:09	12:17	F	Female-12-Under	28

Female 30-39

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
14	205	Michelle Vollman	34	0:29:07	09:22	F	Female-30-39	14
24	183	Courtney Spangler	39	0:33:02	10:38	F	Female-30-39	24
38	182	Andrea Peres	35	0:51:59	16:44	F	Female-30-39	38

Female 40-49

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
20	203	Julie Love	46	0:31:08	10:01	F	Female-40-49	20
25	184	Angie Misenheimer	44	0:33:10	10:41	F	Female-40-49	25
31	199	Ashley Baker	46	0:41:22	13:19	F	Female-40-49	31
32	200	Amber Bishop	42	0:41:22	13:19	F	Female-40-49	32

Female 50-59

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
27	188	Teresa Shaw	51	0:37:44	12:09	F	Female-50-59	27
33	207	Debbie Holshouser	52	0:41:51	13:28	F	Female-50-59	33
36	187	Kelli Kent	50	0:51:10	16:28	F	Female-50-59	36

Female 60-69

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
23	193	Susan Livengood	60	0:31:47	10:14	F	Female-60-69	23
29	190	Lisa George	62	0:38:45	12:28	F	Female-60-69	29
37	192	Denise Crosby	68	0:51:57	16:43	F	Female-60-69	37

Male 12 & Under

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
6	165	Joseph Mills	11	0:24:38	07:56	M	Male-12-Under	6
22	164	William Crotts	9	0:31:37	10:11	M	Male-12-Under	22

Male 20-29

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
4	168	Ethan Swicegood	23	0:23:29	07:34	M	Male-20-29	4
7	167	Brandon Lewis	22	0:25:13	08:07	M	Male-20-29	7
34	206	Alex Holshouser	21	0:41:51	13:28	M	Male-20-29	34

Freeze Your Buns 5K / December 2, 2023 / Spencer, NC

Male 30-39

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
13	169	Jordan Simerson	33	0:28:50	09:17	M	Male-30-39	13
39	171	Ryan Griffin	34	0:52:00	16:44	M	Male-30-39	39

Male 40-49

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
35	173	Joshua Sherrill	42	0:50:02	16:06	M	Male-40-49	35

Male 50-59

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
10	198	George Livengood	59	0:27:11	08:45	M	Male-50-59	10
12	177	Joe Harris	55	0:28:44	09:15	M	Male-50-59	12
19	204	Scott Lemons	51	0:31:07	10:01	M	Male-50-59	19
30	196	Mark Walton	59	0:40:18	12:58	M	Male-50-59	30

Male 60-69

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
15	195	Mark Summers	65	0:29:17	09:26	M	Male-60-69	15
16	197	Frank Miller	62	0:29:22	09:27	M	Male-60-69	16
18	202	Tommy Rachel	67	0:30:39	09:52	M	Male-60-69	18

Male 70 & Over

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
26	194	Joel Whittington	72	0:37:03	11:56	M	Male-70-79	26

Fun Run Female

Place	Bib #	Name	Age	Time	Gender	Overall
1	420	Monroe Bishop	4	0:04:26	F	2

Fun Run Male

Place	Bib #	Name	Age	Time	Gender	Overall
1	419	Dawson Morris	9	0:03:23	M	1