

REGISTRATION

FEES

- 5K Run/Walk → **By March 8: \$20**
Day of: \$25
- Fun Run (8 & Under) → **FREE!!**

FIRST 25 ADULT & ALL FUN RUN RACERS WHO PREREGISTER GET A SPECIAL GIFT!!

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone _____
 Email _____
 Age _____

Male Female

SHIRT SIZE
 (CIRCLE ONE)

Adult: XS S M L XL XXL

Youth: S M L

Please make entry fee payable to:
 Rowan Diagnostic Clinic
 611 Mocksville Ave.
 Salisbury, NC 28144

Participant Waiver: In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Salisbury Rowan Runners, Catawba College, the City of Salisbury, and all sponsors, contributors and their representatives, successors and assignees for injury or illness which may result from my participation. I attest that I am in proper physical condition to compete in this race and understand the risks associated therewith. I also give my permission for the administration of medical aid in the case of emergency. I further give my permission for the free use of my name, voice recording, or picture in any broadcast, telecast or any other account of this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including, but not limited to hazardous weather conditions or government ban, my entry fee will not be refunded.

Signature (Parent/Guardian must sign if under 18)

Date

PLEASE JOIN US:

After the 5K run/walk at Catawba, there will be a block party held at Rowan Diagnostic Clinic (611 Mocksville Avenue). We will be holding a FunRun at the block party for all kids ages 8 and under around 10:30AM. Race participants will receive their awards, shirts, & a food truck voucher at the block party. Anyone is welcome to join the fun of the block party.

- Food Trucks
- DJ
- Yeti Wheeled Cooler Raffle
- RDC Merchandise for sale (all proceeds go to CheckIt4Andretti Foundation)
- More exciting things to be announced!

ABOUT ROWAN DIAGNOSTIC CLINIC



RDC is a multispecialty clinic that includes primary care, gastroenterology, rheumatology, pulmonology, sleep medicine, and nutrition.



Our Digestive Health Associates office has partnered with the CheckIt4Andretti Foundation to provide free colonoscopies through the Community Care Clinic of Rowan.




All proceeds from this event will go towards helping to fund free colonoscopies to those in need within Rowan County.

March 9 2024



WIPE OUT COLORECTAL CANCER

*5K Run/Walk &
FunRun/Block Party!*

**ROWAN
DIAGNOSTIC
CLINIC** 
Salisbury, NC

WIPE OUT COLORECTAL CANCER 5K & FUNRUN

All proceeds go to benefit:
CheckIt4Andretti Foundation
Community Care Clinic of Rowan

WHEN: Saturday, March 9, 2024

WHERE: Catawba College
Softball Field
2135 North Park Dr.

COURSE: The Greenway – starts
and ends at the
bridge near softball
field

**REGISTRATION
START TIME:** 8:00 AM

**RACE START
TIME:** 9:00 AM

**FUN RUN
AT RDC:** 10:30 AM

REGISTRATION:

Preregister on-line at runsignup.com

Race day registration from 8:00 AM to
8:45 AM at softball field.

Mailed registration must be postmarked
by March 4 and mailed to Rowan
Diagnostic Clinic address:

611 Mocksville Ave.
Salisbury, NC 28144

Contact Information

Lauren Britt
lbritt@rowandiagnostic.com

Dogs are not allowed on the
track with participants. Thank
you for your cooperation.

AWARDS

TOP 3 OVERALL
(MALE AND FEMALE)

TOP 3 EACH AGE GROUP
(MALE AND FEMALE)

AGE GROUPS:

11 & Under
12-15
16-19
20-29
30-39
40-49
50-59
60-69
70 & Over
Fun Run: 8 & Under

TIMING

Timing will be
provided by
Salisbury Rowan
Runners.

Quality shirts will
be guaranteed for
all preregistered
runners.

Medals will be given to all
top 3 winners in each age
group, male & female.

Overall winners are not
eligible for age group
awards.



SCAN HERE FOR EASY
REGISTRATION!



Medals, shirts, & race goodies
will be given out at the block
party held at Rowan Diagnostic
Clinic after the 5K run/walk.

All preregistered participants
will receive a voucher to use at
a participating food truck at the
block party.