

Schedule of Events

7:00 a.m.—11:00 a.m.	Breakfast*
7:00 a.m.—11:00 a.m.	Raffle Bidding Starts
8:00 a.m.:	5k & 10k Races Start
10:00 a.m.	Kids Fun Run Starts
10:45 a.m.	Awards
11:00 a.m.	Raffle Bidding Closes



We partner with the Salisbury Rowan Runners to enhance our 5K and 10K races, as well as the fun run. All runners will be accurately timed, the course measured and medals will be presented to the top three in each age group. Complete results will be posted after the race at www.salisburyrowanrunners.org.

Trophies

Overall male and female 5k
Overall male and female 10k

Age Groups

12 and under, 13-19, 20-29, 30-39, 40-49, 50-59 and 60 and over.

Fees

5k race/walk & t-shirt	\$30
10k race/walk & t-shirt	\$30
Fun Run	\$10
T-Shirt only	\$20
Breakfast Only	Donation

*Breakfast included for all racers/walkers

Course Information

Both races begin and end at Concordia Lutheran Church (185 Concordia Church Road). The courses are out and back and take you through the rolling countryside of the Atwell Township community. There are two water stations for the 5k and three for the 10k.

Like us on Facebook for all the updates!
www.facebook.com/LoveThyNeighborRace



Buy your t-shirt and pay your race fees online.

- 1) Scan the QR code or go online to <https://dales.itemorder.com> and enter sale code: NEIGHBOR
- 2) Choose your items and add them to your cart
- 3) Securely checkout with your credit/debit card.

Online Stores deadline:

Sunday, March 3rd (11:59pm EST)

Entry Form (one form per runner/walker)

Name _____

Address _____

City, State, Zip _____

Phone _____

E-Mail _____

Sex _____

Age _____

(Choose One)

5k _____ \$30

10k _____ \$30

Fun Run _____ \$10

Waiver (MUST BE SIGNED)

In consideration of your accepting this entry, I, the below signed, intending to be legally bound, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the race, and sponsors and their representatives, successors and assigns for any and all injuries suffered by me in said event. I attest that I will participate in this event as a footrace, that I am physically fit and sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to use my name and likeness, as well as any photographs and any record of this event, in which I may appear for any legitimate purpose, including advertising and promotion.

Signature _____

date _____

Make checks payable to:
Concordia Lutheran Church
185 Concordia Church Rd.
China Grove, NC 28023

Kassidy's Story

Kassidy is a senior at South Rowan High School. She resides in China Grove with her parents, Todd and Kathy, and her sister, Kayla. She attends Charity Baptist Church, where she is an active member of their youth group. In the summer of 2021, Kas was playing in a softball tournament where she then went into cardiac arrest. She was airlifted to Brenner Children's Hospital in Winston Salem, where she spent five days fighting for her life. After 5 days on the ventilator and multiple tests, Kas was diagnosed with a rare heart condition, ARVC.

After her diagnosis, Kas underwent surgery to implant a cardiac defibrillator, which has limited her to minimal activity. With these restrictions, it has led her to hang up her softball cleats and trade them in for golf shoes. Going into her junior year, she began playing golf for South Rowan and had a successful season, reaching honors in All County, All Conference, Regional Qualifier and State Qualifier.

In November of 2022, Kas underwent an ablation to hopefully get rid of the extra arrhythmias that she was having. After many visits, it was determined that the ablation was not working the way the doctors had planned, so in February of 2023 the doctors went back in and placed a loop recorder, to gain a better understanding of how the arrhythmias are affecting Kas' everyday life. After gaining information from the recorder for roughly five months, they went back in and removed the loop recorder, and replaced her defibrillator with a defibrillator/pacemaker combination to try and eliminate

the amount of arrhythmias that she was feeling throughout the day.

Since then, Kas went on to compete in golf her senior year, yet again accomplishing the honors of All County, All Conference, Regional Qualifier and State Qualifier. Going into the second day of state play, Kas had to pull out due to having some bad arrhythmias. Since then, they are still going through multiple tests, testing different medications, and trying to slow the progression of her disease, with the possibility of a heart transplant in the future. They are so thankful for their team at Levine's, their family and friends, and this community that has stood behind them through this journey.

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline - 2 Timothy 1:7

Thank you

Atwell Fire Department
Russell Foster (trophies)
Starnes Family (cooking)
Silent Auction Donors



You shall love your neighbor as yourself.
There is no other commandment greater
than this.
Mark 12:31

Concordia Lutheran Church and

Trinity Lutheran Church

Presents the

8th Annual

Love Thy Neighbor

5k & 10k Race/Walk,

Breakfast and Raffle

will honor

Kassidy Sechler



March 16, 2024

Rain or Shine

Race Location:

185 Concordia Church Road

China Grove, NC 28023

Info: Jason Ritchie
56mercury92@gmail.com
(704) 202-4975