



FAST, SAFE, DOWN & BACK COURSE

MAIN STREET CHALLENGE 5K

FASTEST 5K in the STATE



333 N. Main St. China Grove, NC 28023

TOT TROT 8:15 PM | 5K 9:00 PM
FUN RUN 8:30 PM | Awards 10:00 PM

runsignup.com



Aaron Crowe | acrowe@roocabymca.org | 704.857.7011

ENTRY FEE

EVENT: Feb - April May - June Day Of

5K \$25 \$30 \$35

Fun Run \$10 \$10 \$10

Tot Trot \$10 \$10 \$10

COURSE RECORD

FEMALE

Caitlin Bullock
16:36

MALE

Donnie Cowart
14:06

State Record

RACE INFO

AWARDS

5K: Top 3 Overall Male/Female
Top 2 Masters Male/Female
Top 2 Grand Masters Male/Female
Top 3 in age division Male/Female

Fun Run/Tot All participants will receive a medal.

5K AGE GROUPS

11 & Under 12-15 16-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54 55-59 60-64 65-69
70 & Over

REGISTRATION

Online: runsignup.com/Race/NC/ChinaGrove/ChinaGrove5K

Form: Return to and made fee payable to:

J. Fred Corriher Jr. YMCA
950 Kimball Rd China Grove, NC 28023

APPLICANT INFORMATION

Name: 5K Fun Run Trot

Age: Date of Birth: Gender:

Street Address:

City: State: Zip:

E-mail: Phone:

T-Shirt: S M L XL XXL

WAIVER

In consideration of my or my child's participation in the aforementioned YMCA event I hereby discharge and release the YMCA, the Town of China Grove and any and all employees or agents thereof of all claims of any kind whatsoever arising out of the actions of the above said participants or agents, to the extent allowed by law. I have informed the YMCA of any physical conditions that may hinder my or my child's participation in the said event.

SIGNATURE (parent/guardian if under 16)

DATE