

## Running for the Mountains 5K / October 13, 2024 / Salisbury, NC

| Finish | Bib # | Name               | Age | Time    | Pace  | Division | Gender Rank |
|--------|-------|--------------------|-----|---------|-------|----------|-------------|
| 1      | 176   | Froilan Frutos     | 50  | 0:18:24 | 05:55 | Male     | 1           |
| 2      | 169   | Matthew Harrison   | 26  | 0:19:00 | 06:07 | Male     | 2           |
| 3      | 168   | Cooper Doty        | 17  | 0:21:07 | 06:48 | Male     | 3           |
| 4      | 223   | David Shields      | 61  | 0:23:26 | 07:33 | Male     | 4           |
| 5      | 218   | Shanna Matlock     | 60  | 0:23:49 | 07:40 | Female   | 1           |
| 6      | 178   | Nelson Lee         | 57  | 0:25:03 | 08:04 | Male     | 5           |
| 7      | 177   | Vic McCallum       | 54  | 0:25:47 | 08:18 | Male     | 6           |
| 8      | 187   | Morgan Efird       | 15  | 0:26:36 | 08:34 | Female   | 2           |
| 9      | 204   | Wendy Koeck        | 53  | 0:26:47 | 08:37 | Female   | 3           |
| 10     | 179   | Bryan Hight        | 60  | 0:27:28 | 08:50 | Male     | 7           |
| 11     | 200   | Sara Johnson       | 39  | 0:27:33 | 08:52 | Female   | 4           |
| 12     | 182   | Brenneman Thompson | 66  | 0:27:44 | 08:56 | Male     | 8           |
| 13     | 194   | Briana Rittenhouse | 31  | 0:28:07 | 09:03 | Female   | 5           |
| 14     | 167   | Landen Ryerson     | 15  | 0:28:14 | 09:05 | Male     | 9           |
| 15     | 186   | Bella German       | 15  | 0:28:15 | 09:06 | Female   | 6           |
| 16     | 188   | Emma Efird         | 15  | 0:28:15 | 09:06 | Female   | 7           |
| 17     | 170   | Alec Viscount      | 30  | 0:28:26 | 09:09 | Male     | 10          |
| 18     | 171   | Evan Rittenhouse   | 31  | 0:28:32 | 09:11 | Male     | 11          |
| 19     | 180   | Jeff Linson        | 64  | 0:29:17 | 09:26 | Male     | 12          |
| 20     | 189   | Olivia White       | 25  | 0:29:27 | 09:29 | Female   | 8           |
| 21     | 212   | Nikki Sherrell     | 46  | 0:29:59 | 09:39 | Female   | 9           |
| 22     | 215   | Kristy Hedrick     | 31  | 0:30:46 | 09:54 | Female   | 10          |
| 23     | 216   | Christian Hedrick  | 30  | 0:30:46 | 09:54 | Male     | 13          |
| 24     | 185   | Avery Doty         | 14  | 0:30:54 | 09:57 | Female   | 11          |
| 25     | 195   | McKenzie Stancil   | 31  | 0:31:35 | 10:10 | Female   | 12          |
| 26     | 205   | Teresa Gillespie   | 56  | 0:31:35 | 10:10 | Female   | 13          |
| 27     | 198   | Courtney Sherman   | 34  | 0:31:50 | 10:15 | Female   | 14          |
| 28     | 191   | Cindy Rodriguez    | 28  | 0:32:13 | 10:22 | Female   | 15          |
| 29     | 206   | Lynn Ramsey        | 64  | 0:32:29 | 10:27 | Female   | 16          |
| 30     | 173   | Joe VanSkiver      | 41  | 0:33:39 | 10:50 | Male     | 14          |
| 31     | 190   | Cynthia Sierra     | 27  | 0:34:18 | 11:02 | Female   | 17          |
| 32     | 217   | Steve Shive        | 71  | 0:35:23 | 11:23 | Male     | 15          |
| 33     | 222   | Daniel Lemonds     | 38  | 0:35:44 | 11:30 | Male     | 16          |
| 34     | 213   | Cara Cline         | 30  | 0:36:51 | 11:52 | Female   | 18          |
| 35     | 225   | Eric Horton        | 39  | 0:36:54 | 11:53 | Male     | 17          |
| 36     | 214   | Stephanie Cano     | 33  | 0:37:23 | 12:02 | Female   | 19          |
| 37     | 197   | Sarah Scharbarth   | 33  | 0:37:32 | 12:05 | Female   | 20          |
| 38     | 203   | Teresa Shaw        | 52  | 0:38:18 | 12:20 | Female   | 21          |
| 39     | 196   | Hillary VanSkiver  | 32  | 0:39:39 | 12:46 | Female   | 22          |
| 40     | 175   | Paul Tatsis        | 47  | 0:41:18 | 13:18 | Male     | 18          |
| 41     | 192   | Erica Smith        | 29  | 0:41:51 | 13:28 | Female   | 23          |
| 42     | 183   | Wayne Dubnansky    | 71  | 0:44:57 | 14:28 | Male     | 19          |
| 43     | 184   | Jerry Kanipe       | 78  | 0:45:09 | 14:32 | Male     | 20          |
| 44     | 193   | Hilda Sierra       | 29  | 0:47:01 | 15:08 | Female   | 24          |
| 45     | 211   | Jeffrey Moore      | 66  | 0:47:23 | 15:15 | Male     | 21          |
| 46     | 224   | Patty Shields      | 60  | 0:53:44 | 17:18 | Female   | 25          |
| 47     | 207   | Judy Caswell       | 65  | 0:53:45 | 17:18 | Female   | 26          |
| 48     | 202   | Debra Dandro       | 52  | 0:53:45 | 17:18 | Female   | 27          |
| 49     | 208   | Denise Crosby      | 69  | 1:00:09 | 19:22 | Female   | 28          |
| 50     | 174   | Joshua Sherrill    | 43  | 1:00:10 | 19:22 | Male     | 22          |
| 51     | 201   | Anastasia Cowan    | 39  | 1:04:08 | 20:39 | Female   | 29          |

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**Fun Run**

| <b>Place</b> | <b>Bib #</b> | <b>Name</b>      | <b>Age</b> | <b>Time</b> | <b>Division</b> |
|--------------|--------------|------------------|------------|-------------|-----------------|
| 1            | 219          | Zion Horton      | 15         | 0:04:16     | Fun Run         |
| 2            | 220          | Zechariah Horton | 11         | 0:04:21     | Fun Run         |
| 3            | 221          | Melissa Horton   | 40         | 0:06:05     | Fun Run         |