

# Registration

NAME:

ADDRESS:

PHONE:

EMAIL:

AGE AS OF 11/1:

MALE

FEMALE

SHIRT SIZE (CIRCLE ONE)

YS YM YL YXL

AS AM AL AXL AXXL AXXXL

PLEASE MAKE CHECKS PAYABLE TO:

TOWN OF CLEVELAND

ATTN: FILL THE FOOD BANKS 5K

302 EAST MAIN STREET

CLEVELAND, NC 27013

Participant Waiver: In consideration of acceptance of this entry, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Town of Cleveland, Salisbury Rowan Runners, and all sponsors, contributors and their representatives, successor and assignees for injury or illness which may result from my participation. I attest that I am in proper physical condition to compete in this race and understand the risks associated therewith. I also give my permission for the administration of medical aid in the case of emergency. I further give my permission for the free use of my name, voice recording, or picture in any broadcast, tele-cast or any other account of this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including but not limited to hazardous weather conditions or government ban, my entry fee will not be refunded.

Signature(Parent/Guardian must sign if under 18)

TOWN OF CLEVELAND  
ATTN: FILL THE FOOD BANKS 5K  
302 EAST MAIN STREET  
CLEVELAND, NC 27013



## Fill the Food Banks 5K

**COURSE INFO:**  
THE RACE STARTS AND ENDS AT CLEVELAND TOWN PARK. COURSE WILL USE DOWNTOWN CLEVELAND INCLUDING HISTORIC MAIN STREET AREA. COURSE IS FLAT AND FAST.

ALL PROCEEDS GO TO BENEFIT THE SOUTH RIVER CHURCH FOOD PANTRY, ROWAN HELPING MINISTRIES WEST FOOD BANK, AND CORNERSTONE'S FOOD PANTRY

[www.townofclevelandnc.gov](http://www.townofclevelandnc.gov)



## Fill the Food Banks 5K

ALL PROCEEDS WILL GO TO SUPPORT THE SOUTH RIVER CHURCH FOOD PANTRY, ROWAN HELPING MINISTRIES WEST FOOD BANK, AND CORNERSTONE'S FOOD PANTRY

WHEN: SATURDAY, NOVEMBER 1ST  
5K @ 10:00 AM

WHERE: CLEVELAND TOWN PARK  
300 CLEMENT STREET  
CLEVELAND, NC 27013

COURSE: DOWNTOWN CLEVELAND,  
STARTS AND ENDS AT CLEVELAND TOWN  
PARK

RACE CHECK IN BEGINS @ 9:00 AM  
5K BEGINS @ 10:00 AM

ENTRY FEE:  
5K \$25 PRE-REGISTRATION  
\$35 DAY OF REGISTRATION

## REGISTRATION:

ONLINE @  
[HTTPS://TINYURL.COM/FILLFOODBANK5K](https://tinyurl.com/fillfoodbank5k)

RACE DAY REGISTRATION FROM  
9:00 - 9:45 AM AT CLEVELAND TOWN PARK

TOP OVERALL MALE AND FEMALE  
1ST, 2ND, & 3RD WILL RECEIVE A  
PRIZE & METAL

1ST: \$50 CASH & \$50 GIFT CARD  
2ND: \$50 CASH  
3RD: \$25 CASH

### AGE GROUPS:

14 & UNDER

15-19

20-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70 & OVER

TIMING PROVIDED BY  
SALISBURY ROWAN RUNNERS  
CHECK IN & RACE DAY REGISTRATION  
BEGINS AT 9:00 am  
5k RACE BEGINS AT 9:00 AM

RACE ORGANIZER  
CONTACT INFO:  
TOWN OF CLEVELAND  
(704) 278-4777

TOWN OF CLEVELAND  
302 EAST MAIN STREET  
CLEVELAND, NC 27013

ALL PROCEEDS WILL GO TO  
SUPPORT THE SOUTH RIVER  
CHURCH FOOD PANTRY,  
ROWAN HELPING MINISTRIES  
WEST FOOD BANK, AND  
CORNERSTONE'S FOOD  
PANTRY. FOR MORE  
INFORMATION OR TO DONATE  
ONLINE, CHECK OUT  
[TOWNOFCLEVELANDNC.GOV.](http://TOWNOFCLEVELANDNC.GOV)