

REGISTRATION

NAME_____

ADDRESS_____

CITY_____STATE____ZIP_____

PHONE_____

EMAIL_____

AGE as of Feb. 28_____

____Male ____Female____5k____Fun Run

Shirt size (circle one)

YS YM YL AS AM AL XL XXL

Please make checks payable to:

Centenary Methodist Church,

620 Centenary Ch. Rd.,

Mount Ulla, NC 28125

Participant Waiver.In consideration of acceptance of this entry, I, the undersigned,intending to be legally bound,for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Centenary Fire Dept.,Centenary Methodist Ch., Salisbury Rowan Runners, and all sponsors, contributors and their representatives, successors and assignees for injury or illness which may result from my participation. I attest that I am in proper physical condition to compete in this race and understand the risks associated therewith.I also give my permission for the administration of medical aid in the case of emergency. I further give my permission for the free use of my name, voice recording, or picture in any broadcast, tele-cast or any other account of this event for any legitimate purpose. I understand that if the race is canceled because of circumstances beyond the control of the race committee and sponsors, including but not limited to hazardous weather conditions or government ban, my entry fee will not be refunded.

Signature(Parent/Guardian must sign if under 18)

Date:_____

Centenary Methodist
Church
620 Centenary Ch. Rd.
Mount Ulla, NC 28125

Will Run For Food 5K Cash Prizes

For overall winners

1st place- \$100

2nd place- \$50

3rd place- \$25



**WILL RUN FOR
FOOD 5K**

Where: Centenary Methodist Church
in Mount Ulla, NC

When: Feb. 28,2026

Time: 10am– Fun run– 10:45

All Proceeds go to support:

**Rowan Helping Ministries
West Food Bank**



WILL RUN FOR FOOD 5K

All proceeds go to benefit:

Rowan Helping Ministries

West Food Bank

When: Saturday, Feb. 28, 2026

Where: Centenary Methodist Church
620 Centenary Ch. Rd., Mount Ulla, NC
28125

Course: Centenary Church Rd. Starts
at the church and ends at the church.

Race Start Time

10AM 5K

1/2 mile fun run approx. 10:45

Entry Fee: By Feb. 28 \$30

On Race Day \$35

Fun Run \$15

REGISTRATION:

On-line at runsignup.com

Race day registration from 9:00 to 9:45
at church.

Mailed registration must be postmarked
by Feb. 23. Mail to church address.

AWARDS:

Top 3 Overall Male and Female

Top 3 Male and Female Masters

3 Deep age group awards, male and fe-
male

CASH PRIZE FOR 1ST,2ND,3RD

OVERALL WINNERS

AGE GROUPS

11 & under, 12-15, 16-19, 20-24,
25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65-69, 70-74,
75 & over

TIMING

Timing will be provided by Salisbury
Rowan Runners.

Quality shirts will be guaranteed for all
preregistered runners.

Fun Run is for 12 and under.

Medals and t-shirts will be given to all
fun runners that are preregistered. Also
for 12 and under, we will recognize top 3
overall with a Medal.

Overall winners not eligible for Age
Group Awards. Awards will not be mailed.
They will be held for 2 weeks at the
church for pick up.

Contact info:

Carla Kluttz

email: kluttzrcbn@aol.com

Mobile: 704-433-3755

**Dogs are not allowed on the
track with participants. Thank
you for your cooperation .**

Carla

All proceeds of this 5k will
go to Rowan Helping
Ministries West Food Bank

**ALSO
COLLECTING
CAN FOOD
ON RACE DAY**

