

Freeze Your Buns 5K / December 6, 2025 / Spencer, NC

Finish	Bib #	Name	Age	Time	Pace	Gender	Division
1	296	Froilan Frutos	51	0:19:08	06:10	M	Male Overall
2	272	Everett Wood	14	0:21:04	06:47	M	Male Overall
3	285	Dave Shields	63	0:21:16	06:51	M	Male Overall
4	294	Ethan Swicegood	25	0:22:04	07:06	M	Male-20-29
5	293	Bobby Aswell, Jr.	62	0:22:10	07:08	M	Male Overall Masters
6	287	Steve Staley	71	0:24:00	07:43	M	Male-70-Over
7	302	Jessica King	29	0:24:15	07:48	F	Female Overall
8	300	Sara Johnson	40	0:25:35	08:14	F	Female Overall
9	282	Joe Harris	57	0:25:53	08:20	M	Male-50-59
10	284	Brenneman Thompson	67	0:26:19	08:28	M	Male-60-69
11	264	Alicia Barone	50	0:26:25	08:30	F	Female Overall
12	297	Melena Ketner	15	0:26:25	08:30	F	Female-13-15
13	289	Kaleb Lingle	16	0:26:29	08:31	M	Male-16-19
14	270	Caleb Casper	12	0:26:58	08:41	M	Male-12-Under
15	269	Dianne Allen	70	0:26:59	08:41	F	Female Overall Masters
16	278	Tyler Honeycutt	34	0:27:04	08:43	M	Male-30-39
17	306	Frank Miller	64	0:27:41	08:55	M	Male-60-69
18	257	Stacey Wood	43	0:28:45	09:15	F	Female-40-49
19	276	James Davenport	35	0:29:08	09:23	M	Male-30-39
20	279	Timothy Lingle	41	0:29:13	09:24	M	Male-40-49
21	283	Terry Eddinger	61	0:29:32	09:30	M	Male-60-69
22	301	Susan Livengood	62	0:29:34	09:31	F	Female-60-69
23	292	Steve McNeely	54	0:31:22	10:06	M	Male-50-59
24	275	James Houghton	26	0:31:39	10:11	M	Male-20-29
25	286	Joel Whittington	74	0:31:48	10:14	M	Male-70-Over
26	290	Matthew Weaver	53	0:32:42	10:32	M	Male-50-59
27	303	Jamie Benton	47	0:32:53	10:35	F	Female-40-49
28	268	Patty Shields	62	0:33:28	10:46	F	Female-60-69
29	295	Evan Meharg	21	0:33:38	10:50	M	Male-20-29
30	299	Aubrey Fox	12	0:33:50	10:53	F	Female-12-Under
31	305	Mike Honeycutt	59	0:34:06	10:59	M	Male-50-59
32	273	Ryan Barnett	13	0:35:11	11:19	M	Male-13-15
33	255	Mallory Harrison	39	0:35:12	11:20	F	Female-30-39
34	298	Diane Gifford	63	0:35:37	11:28	F	Female-60-69
35	262	Brooke Rainey	50	0:36:37	11:47	F	Female-50-59
36	263	Teresa Shaw	53	0:36:42	11:49	F	Female-50-59
37	265	Cynthia Eddinger	61	0:40:44	13:07	F	Female-60-69
38	256	Brittany Rabon	38	0:42:39	13:44	F	Female-30-39
39	252	Amelia Van Polanen	25	0:42:47	13:46	F	Female-20-29
40	261	Angela Ketchie	58	0:46:02	14:49	F	Female-50-59
41	251	Morgan Ketchie	22	0:46:03	14:49	F	Female-20-29
42	259	Jennifer Ethridge	50	0:47:54	15:25	F	Female-50-59
43	260	Jacqueline Crabb	51	0:47:55	15:25	F	Female-50-59
44	254	Caitlin Thomas	38	0:52:04	16:46	F	Female-30-39
45	280	Joshua Sherrill	44	0:53:05	17:05	M	Male-40-49
46	281	Paul Tatsis	48	0:53:05	17:05	M	Male-40-49

Overall Female

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	302	Jessica King	29	0:24:15	07:48	F	Female Overall	7
2	300	Sara Johnson	40	0:25:35	08:14	F	Female Overall	8
3	264	Alicia Barone	50	0:26:25	08:30	F	Female Overall	11

Overall Female Masters

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	269	Dianne Allen	70	0:26:59	08:41	F	Female Overall Masters	15

Overall Male

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	296	Froilan Frutos	51	0:19:08	06:10	M	Male Overall	1
2	272	Everett Wood	14	0:21:04	06:47	M	Male Overall	2
3	285	Dave Shields	63	0:21:16	06:51	M	Male Overall	3

Overall Male Masters

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	293	Bobby Aswell, Jr.	62	0:22:10	07:08	M	Male Overall Masters	5

Female 12 & Under

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	299	Aubrey Fox	12	0:33:50	10:53	F	Female-12-Under	30

Female 13-15

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	297	Melena Ketner	15	0:26:25	08:30	F	Female-13-15	12

Female 20-29

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	252	Amelia Van Polanen	25	0:42:47	13:46	F	Female-20-29	39
2	251	Morgan Ketchie	22	0:46:03	14:49	F	Female-20-29	41

Female 30-39

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	255	Mallory Harrison	39	0:35:12	11:20	F	Female-30-39	33
2	256	Brittany Rabon	38	0:42:39	13:44	F	Female-30-39	38
3	254	Caitlin Thomas	38	0:52:04	16:46	F	Female-30-39	44

Female 40-49

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	257	Stacey Wood	43	0:28:45	09:15	F	Female-40-49	18
2	303	Jamie Benton	47	0:32:53	10:35	F	Female-40-49	27

Female 50-59

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	262	Brooke Rainey	50	0:36:37	11:47	F	Female-50-59	35
2	263	Teresa Shaw	53	0:36:42	11:49	F	Female-50-59	36
3	261	Angela Ketchie	58	0:46:02	14:49	F	Female-50-59	40
4	259	Jennifer Ethridge	50	0:47:54	15:25	F	Female-50-59	42
5	260	Jacqueline Crabb	51	0:47:55	15:25	F	Female-50-59	43

Female 60-69

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	301	Susan Livengood	62	0:29:34	09:31	F	Female-60-69	22
2	268	Patty Shields	62	0:33:28	10:46	F	Female-60-69	28
3	298	Diane Gifford	63	0:35:37	11:28	F	Female-60-69	34
4	265	Cynthia Eddinger	61	0:40:44	13:07	F	Female-60-69	37

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Male 12 & Under

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	270	Caleb Casper	12	0:26:58	08:41	M	Male-12-Under	14

Male 13-15

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	273	Ryan Barnett	13	0:35:11	11:19	M	Male-13-15	32

Male 16-19

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	289	Kaleb Lingle	16	0:26:29	08:31	M	Male-16-19	13

Male 20-29

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	294	Ethan Swicegood	25	0:22:04	07:06	M	Male-20-29	4
2	275	James Houghton	26	0:31:39	10:11	M	Male-20-29	24
3	295	Evan Meharg	21	0:33:38	10:50	M	Male-20-29	29

Male 30-39

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	278	Tyler Honeycutt	34	0:27:04	08:43	M	Male-30-39	16
2	276	James Davenport	35	0:29:08	09:23	M	Male-30-39	19

Male 40-49

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	279	Timothy Lingle	41	0:29:13	09:24	M	Male-40-49	20
2	280	Joshua Sherrill	44	0:53:05	17:05	M	Male-40-49	45
3	281	Paul Tatsis	48	0:53:05	17:05	M	Male-40-49	46

Male 50-59

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	282	Joe Harris	57	0:25:53	08:20	M	Male-50-59	9
2	292	Steve McNeely	54	0:31:22	10:06	M	Male-50-59	23
3	290	Matthew Weaver	53	0:32:42	10:32	M	Male-50-59	26
4	305	Mike Honeycutt	59	0:34:06	10:59	M	Male-50-59	31

Male 60-69

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	284	Brenneman Thompson	67	0:26:19	08:28	M	Male-60-69	10
2	306	Frank Miller	64	0:27:41	08:55	M	Male-60-69	17
3	283	Terry Eddinger	61	0:29:32	09:30	M	Male-60-69	21

Male 70 & Over

Place	Bib #	Name	Age	Time	Pace	Gender	Division	Finish
1	287	Steve Staley	71	0:24:00	07:43	M	Male-70-Over	6
2	286	Joel Whittington	74	0:31:48	10:14	M	Male-70-Over	25

Fun Run Female

Place	Bib #	Name	Age	Time	Gender	Overall
1	288	Monroe Bishop	6	0:02:49	F	1