

# BEGINNERS RUNNING CLASS



When: Tuesdays, 6 pm (March 10 - April 28)

Where: Salisbury Police Department (130 E. Liberty St. Salisbury, NC 28144)

Cost: \$65 (includes one-year membership in Salisbury Rowan Runners, dry-fit training shirt, & entry fee for one Salisbury Rowan Runners 5K race.)

register online at [www.salisburyrowanrunners.org](http://www.salisburyrowanrunners.org)



For more information call (704) 638-5286

[salisburync.gov/Play](http://salisburync.gov/Play)  
(704) 216-PLAY

